

Table 1. Demographic characteristics of the study population	
Age (years)	65.8 ± 1.2
Gender	
Male	50.0
Female	50.0
Education (years)	12.5 ± 0.5
Income (USD/month)	1,200 ± 100
Marital status	
Married	60.0
Single	40.0
Health status	
Good	70.0
Fair	30.0
Bad	0.0
Smoking status	
Smoker	20.0
Non-smoker	80.0
Alcohol consumption	
Drinker	10.0
Non-drinker	90.0
Comorbidities	
Hypertension	30.0
Diabetes	15.0
Cholesterol	25.0
Arthritis	10.0
Depression	5.0
Other	15.0

58